## Hanford Elementary School District AB 2022 Pupil Mental Health Services: School Notification



## **Counseling Services**

Hanford Elementary School District currently employees five (5) full-time School Counselors. School Counselors are trained to help students succeed academically, socially, behaviorally and emotionally. They work directly with students to address academic and social-emotional needs, as addressed by parents, school personnel and other key stakeholders. They also collaborate with educators, parents, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community for all students.

Within Hanford Elementary School District, School Counselors work with students to:

- Develop academic plans for students to make academic progress
- Conduct academic and career planning with students
- Provide behavioral support to students through such services as:
  - direct behavioral support
  - consultation services to student or to in-line staff
  - data collection and BIP development
- Provide direct instruction on appropriate:
  - social skills
  - friendship skills
  - anger management
  - self-regulation
  - problem solving
- Provide individual services to students, as identified by key stakeholders
- Make referrals to outside agencies for mental health care

Students who may be in need of mental health services can be provided these services through the School Counselor and these services are generated by any stakeholder through a Student Study Team Referral, Section 504 and/or IEP. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

Within Hanford Elementary School District, School Counselors work with students and their families to:

- Evaluate eligibility for Section 504 services (within a multidisciplinary team)
- Provide behavioral techniques and interventions to staff
- Create plans to support general education students who are experiencing behavioral issues within the school setting
- Provide parents with information to enhance parenting skills
- Make referrals to outside agencies for mental health care
- Make referrals and help coordinate community support services

Parents/Guardians who feel their student may be in need of mental health services can seek out these services by contacting the School Counselor, directly. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

## **Psychological Services**

Hanford Elementary School District currently employees six (6) full-time School Psychologists and one (1) part time School Psychologist.

School Psychologists are credentialed professionals whose primary objective is the application of scientific principles of learning and behavior to reduce school-related problems and to facilitate the learning and development of children within the school district. They are trained to help identify specific learning and behavioral barriers and develop a plan to support the student and staff to assist the student in making progress toward their academic, social-emotional and behavioral goals. In addition to working directly with students, the School Psychologists also collaborate with educators, parents, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community for all students.

Within Hanford Elementary School District, School Psychologists work with students to:

- Increase achievement by assessing barriers to learning and determining the best instructional strategies to improve learning
- Consult with staff and teachers to promote infusion of social-emotional learning with the classroom/curriculum.
- Help access universal mental and behavioral screening tools and provide early intervention for identified, at-risk students
- Develop and help implement school wide positive behavior interventions within a multi-tiered systems of support to address the social—emotional, behavioral and mental health needs of all students. Behavioral support for identified students through services such as:
  - evidence-based mental and behavioral health programs (i.e. Check-In-Check-Out, Structured-Day)

- skills group counseling (i.e. social skills training, anger management, coping skills, etc.)
- targeted, direct-therapeutic individual counseling to help promote student access within their educational environment
- assessment and interpretation of behavioral data to monitor response to multi-tiered interventions
- behavior Intervention Plan (B.I.P.) development, and monitoring
- mentoring of identified, at-risk students
- suicide risk/threat assessment, suicide intervention and postvention
- participation on crisis response team to provide mental health prevention, intervention, and postvention services.
- Support and improve behavioral functioning of identified students on the school campus
- Build protective factors that help establish students' long-term capacity for positive behavior, social competency, academic achievement, and emotional well-being.
- Promote wellness and resiliency in students by:
  - reinforcing appropriate communication and social skills
  - developing sound, problem solving skills
  - finding optimism
  - developing conflict resolution and anger management skills
  - understanding and monitoring of self-regulation skills
  - developing a sense of positive coping skills and self-determination
  - promoting positive peer relationships
  - creating a positive and safe school climate

Students who may be in need of mental health services can be referred to School Psychologist by any key stakeholder by making direct contact with the school. In many cases, these services are generated through a stakeholder through a Student Study Team, Section 504 and/or Individualized Education Plan. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

Within Hanford Elementary School District, School Psychologists work with students and their families to:

- Identify and address learning and behavior barriers that interfere with the student's academic, social-emotional, and behavioral progress and successes within the school setting
- Complete a multi-disciplinary psycho-educational evaluation of academic, social, emotional, and behavioral problems relative to student eligibility for special education services (within a multidisciplinary team)
- Support students' social, emotional, and behavioral health across both the school and home environments
- Link parents with pertinent information to enhance parenting skills
- Increase positive behavior interactions with peers and staff
- Guide the implementation of a Behavior Intervention Plan or Functional Behavior Assessment

- Identify applicable community resources (food and clothing, support groups, mental health, substance use, etc), and link families with necessary resources to promote wellness and resiliency
- Make appropriate mental health related referrals to community agencies for the student and their family
- Effectively collaborate with outside mental health providers for the educational planning and implementation of a consistent treatment plan for the student and their family
- Develop a cooperative relationship with relevant mental health community professionals
- Encourage parent involvement and family collaboration to address mental and behavioral health problems for students
- Empower families and students to manage the myriad of county resources they may need in order to meet their child's mental health needs

Parents/Guardians who feel their student may be in need of mental health services can seek out these services by contacting the school site, directly. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

## **School Social Work Services**

Hanford Elementary School District currently employees one (1) full-time School Social Worker.

The School Social Worker provides behavioral health services to students and supportive services to their families with the goal of facilitating and promoting the behavioral, emotional and social development of students. The School Social Worker identifies the needs of students and their families including behavioral health needs and develops individual and/or family goals and objectives for implementation through a School Social Work Service Plan. The School Social Worker provides direction to and oversight of a variety of social work and related services that promote academic, career, personal, and social development. The School Social Worker serves as an advocate for high academic achievement and social development for all students through the provision of individual and school wide intervention strategies, social work and related services.

Within Hanford Elementary School District, School Social Worker work with students to:

- Provide individual and/or group counseling to students
- Develop and maintain behavioral health programs that meet students' needs
- Assist students in the transition process between elementary, middle and high school and those retuning from an alternative placement.
- Identify problems, develops interventions, organizes and implements programs in order to address truancy, poor school performance, suspension/expulsion, transiency and retention, assist students to demonstrate the character and competencies for workplace success and to stay in school on target to graduate

• Effectively provides crisis intervention to student in regards to suicide and homicide threats, drug abuse, pregnancy, truancy, medical issues, community violence, child abuse, bullying and other issues and provides follow up case management service to assist students to achieve their personal best and to stay in school

Students who may be in need of mental health services can be referred to School Social Worker by any key stakeholder by making direct contact with the school. In many cases, these services are generated through a stakeholder through a Student Study Team, Section 504 and/or Individualized Education Plan. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

Within Hanford Elementary School District, School Social Worker works with students and their families to:

- Provide individual, group, and family services
- Conduct multi-dimensional assessments, develop service plans, provide counseling services to students and families
- Provide intervention and postvention support
- Provides referral services to families who need to be connected to services outside of the
  District; provides follow up case management services to students and families by maintain
  regular contact with families
- Provides in-service training to parents, community agencies, students, District personnel and others
- Support students' social, emotional, and behavioral health
   Consults with outside agencies to provide services for students
   Make referrals and help coordinate community support services

Parents/Guardians who feel their student may be in need of mental health services can seek out these services by contacting the school site, directly. If said services are not available on the school site, a referral to a partnering agency will be made on behalf of the family and child.

The Hanford Elementary School District partners with Kings Behavioral Health. Kings Behavioral Health provides a wide variety of services to support students and families in need of mental health support. Their expertise runs that gamut. To contact Kings Behavioral Health, call 852-2444 or visit their website at <a href="https://www.kcbh.org">www.kcbh.org</a>

The Hanford Elementary School District also partners with Kings View Counseling Services. Kings View Counseling Services for Kings County promote the prevention of and recovery from mental illness and substance abuse for the individual, family and community by offering accessible, caring and culturally competent services. Kings View offers a wide variety of services and programs to children and adults. To contact Kings View Counseling Services, call 582-4481 or visit their website at <a href="https://www.kingsview.org">www.kingsview.org</a>